

# Spring SESSION

Monday, January 7th – Saturday, May 18th



## SCHEDULE

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### *Monday*

6:30 – 7:30pm Vinyasa Yoga Laura

### *Tuesday*

9:30 – 10:30am Gentle Flow Yoga Laura

5:30 – 7:30pm Intermediate/Advanced

Ballet Technique Patty

7:30 – 8:30pm Yin Yoga Amy

### *Wednesday*

4:30 – 5:30pm Ballet I Conni

5:30 – 6:00pm Pre-Ballet Conni

6:00 – 7:30pm Pre-Pointe/Intermediate Ballet Conni

7:30 – 9:00pm Teen/Adult Ballet Conni

### *Thursday*

6:30 – 8:30pm Advanced Ballet Technique  
(*by invitation only*) Thomas

### *Saturday*

8:00 – 9:00am Vinyasa Yoga Laura

9:00 – 10:00am Ballet I Conni/Anna

10:00 – 11:00am Ballet II Conni/Anna

11:00am – 1:30pm Kinderballet Rehearsal

1:30 – 2:15pm Ballet Partnering

(*8 weeks: Jan 12 – March 2*)

Kinderballet Solos

(*March 9 – May 18*)